

Cross-Cutting Priority - Mental Health

CROSS CUTTING SUB-PRIORITY - Improved Mental Health		
Original Commitments in Leicestershire 2022 Strategy	Keep, Change, Transfer or Remove	Suggested Wording (Steering Group agreed to review & refine wording of commitments during phase 2 & develop action plans/success measures)
1 We will prioritise Mental Health on an equal basis to physical health in plans, investment and focus, considering the links between physical activity and good mental health and how mental health is linked to other conditions.	CHANGE	We are committed to advocating for the equal prioritisation of mental health alongside physical health in system planning, investment and service delivery, recognising that mental health as a key driver of overall health outcomes.
2 We will seek to co-produce a Prevention Concordat for Better Mental Health for Leicestershire to align organisations to further support mental health and wellbeing and prevent poor mental health.	REMOVE	N/A
3 We will continue to focus on maintaining low rates of suicide and impact of suicide, supporting work of the LLR Suicide Strategy.	CHANGE	We are committed to reducing suicide and save lives through sustained mental health action, early intervention and partnership working aligned with local and national prevention strategies.
4 We will continue to support the system work on children and young people's emotional health and well being.	CHANGE NEW	We will continue to work as a system to improve access to mental health and emotional wellbeing support for children and young people across LLR, whilst working to improve pathways between services to ensure a more seamless journey and experience. We will ensure seamless, person-centred transitions for young people moving from child to adult mental care services
5 We will listen and respond to the Leicestershire population in the 'Step up to Great Mental Health' consultation and propose to deliver a variety of changes for our population through the LLR and Leicestershire specific Step up to Great Mental Health programme and associated Mental Health investment.	REMOVE	N/A
6 We would support key recommendations of the Dementia JSNA Chapter and LLR Dementia Strategy (due to be reviewed in 2023). This will include improving dementia diagnosis rates and ensuring clear links between healthy lifestyle and risk of dementia through MECC Plus and Health Checks	CHANGE	We are committed to supporting the mental health & wellbeing of people living with or affected by dementia, through prevention, early intervention & integrated support

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